

Los Angeles Community College District Institutional Review Board Charter & Operating Procedures

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I. Introduction

The Los Angeles Community College District (LACCD) recognizes the important role of research as a method for building knowledge, as a means to understanding various issues, and as an approach to enhancing the services we provide to our students. To help ensure that the rights and welfare of human subjects are protected for those who participate in research conducted by the LACCD Colleges and Educational Service Center, the Institutional Review Board (IRB) was established.

The LACCD's IRB reviews human subjects research proposals to ensure that the rights and welfare of human subjects used in research studies by District personnel are protected; that risks have been considered and minimized; that the potential for benefit has been identified and maximized; that all human subjects only volunteer to participate in research after being provided with legally effective informed consent; and that any research is conducted in an ethical manner and in compliance with established standards.

II. Primary Purpose

The primary purpose of the IRB is to protect the rights and welfare of human subjects who participate in research conducted at the LACCD Colleges and Educational Service Center.

III. Primary Role

The role of the IRB is to review proposed research projects that involve the use of human subjects; ensure that the individuals involved in the project are treated ethically; ensure that all subjects are provided with substantial information about the study and consent to be a subject in the study; and that all private information will be handled with confidentiality. The IRB is authorized to review, approve, require modifications in, or disapprove research activities conducted by or through the District using human subjects.

The IRB does not assume the role of evaluating the soundness of the proposed research study, the merits of the research design, nor the potential contribution of the research to the scholarly literature. Rather, the IRB is charged with evaluating each project's compliance with ethical standards in regard to issues such as informed consent, confidentiality, and any risk to the participants.

IV. Basic Principles

The basic principles that govern the IRB in assuring that the rights and welfare of subjects are protected are contained in *The Belmont Report: Ethical Principles and Guidelines for the Protection of Human Subjects of Research*, The National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, April 18, 1979 [see https://www.hhs.gov/ohrp/regulations-and-policy/belmont-report/read-the-belmont-report/read-the-belmont-report/read-the-belmont-report/index.html].



Therefore, the following principles apply to all research, including student projects, involving human subjects at the Los Angeles Community College District to ensure that adequate safeguards are provided:

1. Subjects' legal rights will be respected; their rights to privacy, dignity, and comfort will also be considered in approving the proposed research.

2. Risks to subjects must be reasonable in relation to anticipated benefits, if any, to subjects, and the importance of the knowledge that may reasonably be expected to result.

3. Adequate provision(s) must be made for all facilities, procedures, and professional attention necessary for the protection of the individual as a research subject.

4. Adequate provisions should be made for recruiting a subject population that is representative of the population base in terms of gender and minority representation, unless scientifically justified.

5. Research involving human subjects must be supervised by qualified persons, including qualified clinicians for all study-related healthcare decisions.

6. Participation of a human subject in research must be voluntary and the right to withdraw at any time must be provided. Information provided to gain subject consent must be adequate, appropriate, and presented in lay language appropriate to the subject population.

7. All research programs that involve human subjects must be reviewed by and must receive approval of a formally constituted review *prior* to their initiation or *prior* to initiating any changes to the protocol. Continuing research programs are subject to periodic review, to be carried out no less often than once a year.

V. IRB Registration

This Charter and Operating Procedures establishes and empowers the Los Angeles Community College District (LACCD) IRB committee. Currently the District has one committee, registered with the federal Office for Human Research Protections (OHRP) as Institutional Review Board (IRB00011933).

The LACCD also holds a Federal wide Assurance (FWA) through OHRP (FWA00027933). According to the terms of the FWA, the LACCD adopts the following reporting procedure:



All Principal Investigator(s) (PIs) and all District employees are required to report to the Co-chairs of the IRB Committee any of the following upon knowledge of:

- a. Unanticipated problems involving risks to subjects or others; and
- b. Serious or continuing noncompliance with the federal regulations or the requirements or determinations of the IRB.

Upon receipt of such information, or if a research project is suspended or terminated by the IRB, the IRB Co-Chairs will make a written report to the LACCD IRB committee, the Chancellor, the head of any department or agency conducting or supporting the research, any applicable regulatory body, and to OHRP.

VI. Authority of the IRB

- A. As part of the FWA, the LACCD IRB agrees to consider all research involving the use of humans as research participants as being subject to federal regulations, regardless of the source of funding, if one or more of the following apply:
 - 1. The research is sponsored by this institution (unless the research is conducted at another institution with which the Los Angeles Community College District has an IRB Authorization Agreement), or
 - 2. The research is conducted by or under the direction of any employee or agent of this institution (within their scope of employment), or
 - 3. The research is conducted by or under the direction of any employee or agent of this institution using any property or facility of this institution, or
 - 4. The research involves the use of this institution's non-public information to identify or contact human research subjects or prospective subjects.
- B. The IRB reviews all projects and programs involving human subjects in accordance with this Charter and Standard Operating Procedures, applicable federal regulations, and sponsor policies and guidelines.
- C. The IRB provides continuing advice and counsel to personnel engaged in activities involving human subjects.
- D. The IRB has approval authority of human subject protocols, and can disapprove, modify or approve studies based upon consideration of any issue it deems relevant to human subject protection. Research that has been approved by the IRB may be subject to further appropriate review and approval or disapproval by the College Presidents, Vice Chancellor of Educational Programs and Institutional Effectiveness, or Chancellor; however, they may not approve the non-exempt research if it has not been approved by the IRB.



- E. The IRB has authority to require progress reports from the investigators and oversee the conduct of the study.
- F. The IRB has authority to suspend or terminate approval of a study, or to place restrictions on a study, when this is deemed to be in the best interests of the subjects in that study.
- G. The IRB has authority to observe the informed consent process as practiced by any investigator or authorized person in any approved protocol, especially in cases where the consentee is from a vulnerable population.
- H. The IRB has the authority to access, and to make copies of, records related to any research approved by the IRB (or another body under an IRB Authorization Agreement), regardless of the location of those records, for any reason. Where feasible, appropriate notice will be given of the need to review, copy or duplicate records while being sensitive to causing the least inconvenience or disruption of on-going research.

VII. Functional Relationships

The IRB functions administratively through the Educational Programs and Institutional Effectiveness (EPIE) Department at the Educational Services Center (ESC). The IRB will consult with the District Research Committee and District Academic Senate, and it will advise and make recommendations to the Chancellor, to policy and administrative bodies, and to any member of the LACCD on all matters related to the use of human subjects in research.

VIII. IRB Membership

The requirements for IRB membership are addressed in the HHS regulations at 45 CFR 46.107 [Note: 45 CFR 46.304 requires a specialized IRB composition when research involving prisoners is being reviewed, including the presence of a prisoner representative], which states:

IRB membership.

(a) Each IRB shall have at least five members, with varying backgrounds to promote complete and adequate review of research activities commonly conducted by the institution. The IRB shall be sufficiently qualified through the experience and expertise of its members (professional competence), and the diversity of its members, including race, gender, and cultural backgrounds and sensitivity to such issues as community attitudes, to promote respect for its advice and counsel in safeguarding the rights and welfare of human subjects. The IRB shall be able to ascertain the acceptability of proposed research in terms of institutional commitments (including policies and resources) and regulations, applicable law, and standards of professional conduct and practice. The IRB shall therefore include persons knowledgeable in these areas. If an IRB regularly reviews research that involves a category of subjects that is vulnerable to coercion or undue influence, such as children, prisoners, individuals with impaired decision-making capacity, or economically or educationally disadvantaged persons,



consideration shall be given to the inclusion of one or more individuals who are knowledgeable about and experienced in working with these categories of subjects.

- (b) Each IRB shall include at least one member whose primary concerns are in scientific areas and at least one member whose primary concerns are in nonscientific areas.
- (c) Each IRB shall include at least one member who is not otherwise affiliated with the institution and who is not part of the immediate family of a person who is affiliated with the institution.
- (d) No IRB may have a member participate in the IRB's initial or continuing review of any project in which the member has a conflicting interest, except to provide information requested by the IRB.
- (e) An IRB may, in its discretion, invite individuals with competence in special areas to assist in the review of issues that require expertise beyond or in addition to that available on the IRB. These individuals may not vote with the IRB.

Alternates and non-voting members may also be appointed, with alternates authorized to vote at convened meetings only in the absence of the member for whom they are the designated alternate. Although an alternate may be designated for more than one IRB member, each alternate may represent only one regular member at a convened meeting. Consultants may be used to review proposals for which additional expertise is needed. No person shall be excluded from serving on the IRB based on sex, race, color, national origin, or other protected classifications. All appointments are made by Executive Memorandum and reported to OHRP.

IX. IRB Management

The IRB Co-Chairs are staff from the EPIE Department. The Co-chairs have authority to sign all IRB action items. The IRB Co-Chairs are voting members of the IRB and preside over all convened IRB meetings. The Co-Chairs have authority to sign all IRB action items in the absence of the other Co-Chair.

Members and alternates of the IRB shall be appointed by the Co-Chairs of the IRB for a tenure of three (3) years. However, the term of appointment may be terminated by notice of the Committee member to the Co-Chairs or by notice from the Co-Chairs. If a member finds that s/he is unable to attend meetings for an extended period, as a consequence of unavoidable conflicting activities, the IRB Co-Chairs must be informed so that a replacement may be appointed. Additionally, members may be removed from the IRB before their term is completed for reasons of poor attendance for which there is not reasonable justification, or for other manifestations of unwillingness or incapability to serve the committee adequately. In either event, the Co-Chairs will appoint a replacement. Tenure on the IRB may be extended by mutual agreement between the member and the Co-Chairs.



All IRB members are required to undergo formal training at the time of their initial appointment. Training that satisfies this requirement is the online training through CITI at www.citiprogram.org. The IRB Co-Chairs will receive electronic confirmation of training completion dates. Continuing education of IRB members is accomplished through course refreshers online at www.citiprogram.org. The CITI program will automatically notify IRB Co-Chairs electronically when training is complete for each IRB member. IRB members do not receive compensation for their service.

X. Conflict of Interest Guidelines for IRB Members

45 CFR 46.107(d) directly addresses conflicts of interest by requiring that "No IRB may have a member participate in the IRB's initial or continuing review of any project in which the member has a conflicting interest, except to provide information requested by the IRB." 21 CFR 56.107(e). An IRB member is said to have a conflicting interest whenever that IRB member, or spouse, or dependent child of the member:

- Is an investigator or sub-investigator on the protocol;
- Has a significant financial interest in the sponsor or agent of the sponsor of a study being reviewed by the IRB, whereby the outcome of the study could influence the value of the financial interest;
- Acts as an officer or a director of the sponsor or an agent of the sponsor of a study being reviewed by the IRB; or
- Has identified him/herself for any other reason as having a conflicting interest.

It is the responsibility of each IRB member to identify and avoid any situations in which s/he, either personally or by virtue of their position, might have a conflict of interest, or may be perceived by others as having a conflict of interest, arising in connection with a matter before an IRB of which they are a member. If assigned as a reviewer for a matter with which the IRB member feels that s/he may have a conflict of interest, the IRB member must notify the IRB Co-Chairs immediately so the matter may be reassigned to another reviewer. In order not to delay the review process, it is essential that potential reviewers peruse the matters for which they are assigned reviewers immediately upon receipt to determine whether they may have a conflict.

Typically, there are three distinct phases of an IRB's consideration of a matter: discussion, deliberation, and actions (including vote). In general, IRB member(s) who have a real, or perceived conflict of interest may remain in the meeting room, at the discretion of the IRB Co-Chairs, during the discussion of the matter, in order to provide answers to questions, clarifications, etc. However, said member must leave the meeting room for deliberations and actions/votes regarding the matter. Minutes of IRB meetings will reflect the absence of a member (by name) when s/he leaves the meeting during deliberations and actions regarding matters for which they have, or may be perceived to have, a potential conflict of interest.



XI. IRB Procedures

A. Initial Review

The type of review for a research protocol is determined by the level of risk involved for human subject participants, either (1) no or minimal risk or (2) more than minimal risk. Protocols with "no or minimal risk" may qualify for an exempt or expedited review, while studies that include a "more than minimal risk for their human subject participants require a full board review.

1. No or Minimal Risk

Exempt IRB Review: Under the auspices of the IRB, the IRB Co-Chair will review the "Application for Exemption from IRB Review" forms to determine eligibility for "exempt" review (see below). If significant risk is inherent in the study, the Co-Chair may refer the petition to the IRB for expedited or full board review.

Under federal regulations, certain types of research are exempt from federal policy unless the appropriate federal agency heads have determined otherwise [see §46.101 To what does this policy apply? <u>https://www.hhs.gov/ohrp/regulations-and-policy/regulations/45-cfr-46/index.html#46.101;</u> FAQs available at <u>https://www.hhs.gov/ohrp/regulations-and-policy/guidance/faq/exempt-research-determination/index.html</u>]. Exempt types of research include:

(1) Research conducted in established or commonly accepted educational settings that specifically involves normal educational practices that are not likely to adversely impact students' opportunity to learn required educational content or the assessment of educators who provide instructions. This includes most research on regular and special education instructional strategies, and research on the effectiveness of or the comparison among instructional techniques, curricula, or classroom management methods.

(2) Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures or observation of public behavior, unless: (i) information obtained is recorded in such a manner that human subjects can be identified, directly or through identifiers linked to the subjects; and (ii) any disclosure of the human subjects' responses outside the research could reasonably place the subjects at risk of criminal or civil liability or be damaging to the subjects' financial standing, employability, or reputation.

(3) Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures, or observation of public behavior that is not exempt under paragraph (2) of this section, if: (i) the human subjects are elected or appointed public officials or candidates for public office; or (ii) Federal statute(s) require(s) without exception



that the confidentiality of the personally identifiable information will be maintained throughout the research and thereafter.

(4) Research involving the collection or study of existing data, documents, records, pathological specimens, or diagnostic specimens, if these sources are publicly available or if the information is recorded by the investigator in such a manner that subjects cannot be identified, directly or through identifiers linked to the subjects.

(5) Research and demonstration projects which are conducted or supported by a Federal department or agency, or otherwise subject to the approval of department or agency heads, and that are designed to study, evaluate, improve, or otherwise examine: (i) Public benefit or service programs; (ii) procedures for obtaining benefits or services under those programs; (iii) possible changes in or alternatives to those programs or procedures; or (iv) possible changes in methods or levels of payment for benefits or services under those programs.

(6) Taste and food quality evaluation and consumer acceptance studies, (i) if wholesome foods without additives are consumed or (ii) if a food is consumed that contains a food ingredient at or below the level and for a use found to be safe, or agricultural chemical or environmental contaminant at or below the level found to be safe, by the Food and Drug Administration or approved by the Environmental Protection Agency or the Food Safety and Inspection Service of the U.S. Department of Agriculture.

The IRB Co-Chairs, not the investigator, shall make the determination as to whether a project is or is not exempt. To obtain an exemption, an investigator must Petition with an exemption request citing the specific exemption category and providing justification for the exemption. If it is determined that a protocol requires IRB review, it will be returned to the PI, with comments, for revision and submission to the full board.

Prospective Principal Investigators seeking an exempt review must submit the appropriate form, "Application for Exemption from IRB Review." Forms and materials may be submitted at any time. Copies of the form are available on the District's IRB website (<u>http://spidev.laccd.edu/administrative/Educational-Programs/Institutional-Effectiveness/Pages/Institutional-Review-Board.aspx</u>) and there are also resources available to help determine the categories of research that may qualify for an exempt review.

The Principal Investigator will be notified of the IRB decision/actions by the Co-Chairs. Any disagreement between the PI and the IRB Co-Chairs must be resolved by the IRB.



Expedited IRB Review: Under the auspices of the IRB, the IRB Co-Chair will review the "Application to Involve Human Subjects in Research" forms to determine eligibility for "expedited" review (see below). The IRB Co-Chairs may recommend a protocol to the IRB for expedited review, for expedited review pending recommended changes/ clarifications, or for review by the full board. The IRB Co-Chairs cannot "disapprove" of a protocol, but may table action pending further information/clarifications.

Under federal regulations certain types of research qualify for an 'expedited' review [see <u>https://www.hhs.gov/ohrp/regulations-and-policy/guidance/categories-of-research-expedited-review-procedure-1998/index.html</u>].

These are activities that (1) present no more than minimal risk to human subjects, and (2) involve only procedures specified in federal regulations. The activities listed should not be deemed to be of minimal risk simply because they are included on this list. Inclusion on the list merely means that the activity is eligible for review through the expedited review procedure when the specific circumstances of the proposed research involve no more than minimal risk to human subjects.

The list of categories of research that may be reviewed by the IRB through an expedited review is as follows:

(1) Clinical studies of drugs and medical devices only when condition (a) or (b) is met.

(a) Research on drugs for which an investigational new drug application (21 CFR Part 312) is not required. (Note: Research on marketed drugs that significantly increases the risks or decreases the acceptability of the risks associated with the use of the product is not eligible for expedited review.)
(b) Research on medical devices for which (i) an investigational device exemption application (21 CFR Part 812) is not required; or (ii) the medical device is cleared/approved for marketing and the medical device is being used in accordance with its cleared/approved labeling.

(2) Collection of blood samples by finger stick, heel stick, ear stick, or venipuncture as follows:

(a) from healthy, nonpregnant adults who weigh at least 110 pounds. For these subjects, the amounts drawn may not exceed 550 ml in an 8 week period and collection may not occur more frequently than 2 times per week; or

(b) from other adults and children, considering the age, weight, and health of the subjects, the collection procedure, the amount of blood to be collected, and the frequency with which it will be collected. For these subjects, the



amount drawn may not exceed the lesser of 50 ml or 3 ml per kg in an 8 week period and collection may not occur more frequently than 2 times per week.

(3) Prospective collection of biological specimens for research purposes by noninvasive means.

Examples: (a) hair and nail clippings in a nondisfiguring manner; (b) deciduous teeth at time of exfoliation or if routine patient care indicates a need for extraction; (c) permanent teeth if routine patient care indicates a need for extraction; (d) excreta and external secretions (including sweat); (e) uncannulated saliva collected either in an unstimulated fashion or stimulated by chewing gumbase or wax or by applying a dilute citric solution to the tongue; (f) placenta removed at delivery; (g) amniotic fluid obtained at the time of rupture of the membrane prior to or during labor; (h) supra- and subgingival dental plaque and calculus, provided the collection procedure is not more invasive than routine prophylactic scaling of the teeth and the process is accomplished in accordance with accepted prophylactic techniques; (i) mucosal and skin cells collected by buccal scraping or swab, skin swab, or mouth washings; (j) sputum collected after saline mist nebulization.

(4) Collection of data through noninvasive procedures (not involving general anesthesia or sedation) routinely employed in clinical practice, excluding procedures involving x-rays or microwaves. Where medical devices are employed, they must be cleared/approved for marketing. (Studies intended to evaluate the safety and effectiveness of the medical device are not generally eligible for expedited review, including studies of cleared medical devices for new indications.)

Examples: (a) physical sensors that are applied either to the surface of the body or at a distance and do not involve input of significant amounts of energy into the subject or an invasion of the subjects privacy; (b) weighing or testing sensory acuity; (c) magnetic resonance imaging; (d) electrocardiography, electroencephalography, thermography, detection of naturally occurring radioactivity, electroretinography, ultrasound, diagnostic infrared imaging, doppler blood flow, and echocardiography; (e) moderate exercise, muscular strength testing, body composition assessment, and flexibility testing where appropriate given the age, weight, and health of the individual.

(5) Research involving materials (data, documents, records, or specimens) that have been collected, or will be collected solely for nonresearch purposes (such as medical treatment or diagnosis). (NOTE: Some research in this category may be exempt from federal regulations for the protection of human subjects. This listing refers only to research that is not exempt.)



(6) Collection of data from voice, video, digital, or image recordings made for research purposes.

(7) Research on individual or group characteristics or behavior (including, but not limited to, research on perception, cognition, motivation, identity, language, communication, cultural beliefs or practices, and social behavior) or research employing survey, interview, oral history, focus group, program evaluation, human factors evaluation, or quality assurance methodologies. (NOTE: Some research in this category may be exempt from federal regulations for the protection of human subjects. This listing refers only to research that is not exempt.)

(8) Continuing review of research previously approved by the convened IRB as follows:

(a) where (i) the research is permanently closed to the enrollment of new subjects; (ii) all subjects have completed all research-related interventions; and (iii) the research remains active only for long-term follow-up of subjects; or

(b) where no subjects have been enrolled and no additional risks have been identified; or

(c) where the remaining research activities are limited to data analysis.

(9) Continuing review of research, not conducted under an investigational new drug application or investigational device exemption where categories two (2) through eight (8) do not apply but the IRB has determined and documented at a convened meeting that the research involves no greater than minimal risk and no additional risks have been identified.

Prospective Principal Investigators seeking an expedited review must submit the appropriate form, "Application for Expedited and Full IRB Review." Forms and materials must be submitted by the deadline posted on the IRB meeting calendar. Copies of the form are available on the District's IRB website (http://spidev.laccd.edu/administrative/Educational-Programs/Institutional-Effectiveness/Pages/Institutional-Review-Board.aspx) and there are also resources

available to help determine the categories of research that may qualify for an expedited.

The PI will be notified of the IRB decision/actions by the Co-Chairs. Any disagreement between the PI and the IRB Co-Chairs must be resolved by the IRB.



2. More Than Minimal Risk

Full IRB Review: Protocols for full-board (IRB) review must be submitted by the deadline posted on the IRB meeting calendar. The prospective PI will submit the "Application for Expedited and Full IRB Review" form to the IRB office. Copies of the form are available on the District's IRB website (<u>http://spidev.laccd.edu/administrative/Educational-Programs/Institutional-Effectiveness/Pages/Institutional-Review-Board.aspx</u>). In the Petition, the investigator assures the IRB that s/he will follow the principles, procedures, and guidelines established in the present document and agrees to allow the IRB access to pertinent records or research. In addition, the investigator should present any information that will aid in evaluating the proposal for compliance with this policy.

The PI must be available to discuss the protocol and/or consent forms at the discretion of the IRB.

The PI will be notified of the IRB decision/actions by the Co-Chairs. Any disagreement between the PI and the IRB Co-Chairs must be resolved by the IRB.

3. Actions of the IRB: The IRB may take one of the following four actions in regard to the proposed protocol and consent forms: Approved, Approved Subject to Restrictions, Tabled, or Disapproved.

(1) Approved. When a protocol has been approved, the Co-Chairs will send a notification of action letter, that is signed and dated, and distributes one copy of the form to the PI, the IRB files, and, if appropriate, the performance site.

Approval of the protocol will be based on the following:

a. The extent to which the protocol makes explicit in design and procedures the protection of subjects' rights.

b. Should a degree of deception and/or withholding of information be necessary for adequate testing of the hypotheses and in the absence of any practical alternative, sufficient justification that the potential benefits to the subject or the importance of the knowledge to be gained outweighs any potential risks that may be present as a result of any such deception.

c. Assurances of acceptable debriefing, if appropriate. It is the responsibility of the PI to give each subject an explanation to questions ensuing from participation in the research project following its conclusion. It is strongly recommended that this occur immediately following participation for each subject, but if, in the judgment of the IRB, such information could adversely



affect subsequent data collection in the same study, the full explanation may be delayed for a reasonable period of time.

There is an exception to this delay: In those cases in which it is unavoidable to mislead the subjects and/or in which it is possible that the experimental treatment may result in emotional stress for the subjects, it is mandatory that they receive a full debriefing immediately following participation.

d. The adequacy of facilities and other resources necessary for completion of the study and protection of subjects' rights.

e. Anticipated benefits, if any.

f. The personal risk to the subject in relation to expected benefits.

g. The adequacy of procedures for securing informed consent from the subject.

h. The adequacy of measures for minimizing of risk and the protection of the health, safety, comfort, and legal rights of the subject.

i. The adequacy of measures for protecting the privacy of subjects and maintaining confidentiality of data.

(2) Approved Subject to Restrictions. If the protocol is approved subject to restrictions, then the Co-Chairs will send a notification letter, that is signed and dated, along with a memo to the PI outlining the restrictions. The PI then must respond to the restrictions as indicated by the IRB. Upon receipt and approval of the responses, the restrictions are removed and the protocol is then processed as an approved protocol and distributed as described above.

(3) Tabled. Tabled action means that the protocol was not sufficiently complete for the IRB to reach a final decision. In this case, the PI is notified by the Co-Chairs of the IRB and the additional information necessary for completion of the IRB review is requested. In the case of a tabled protocol, the PI may be invited to attend an IRB meeting to present/clarify the protocol for the Board.

(4) Disapproved. If the protocol is disapproved, the PI will be informed in writing of the reasons for disapproval. The PI may revise and resubmit his/her protocol for another review.



B. Continuing Review

The IRB may conduct continuing review of research at intervals appropriate to the degree of risk, but not less than once per year. Principal Investigators will be informed of the annual review by receipt of a Continuing Review Application. This Continuing Review Application is to be completed and returned electronically to the IRB office (esc-irb@email.laccd.edu) along with the informed consent document currently in use with the project being reviewed. The PI will be notified of the action taken (e.g., Approved, Approved with Conditions, etc.).

When a Continuing Review request is submitted, the IRB Co-Chairs shall consider the following: changes to the research, protocol deviations and violations, since the last scheduled review; adverse event reports; reports of unanticipated problems involving risks to subjects and, if available, data safety monitoring reports; and investigator compliance.

If the protocol and/or other documents used in the project have been amended within the past five years, the PI will be requested to submit a new protocol incorporating these amendments if such have not previously been submitted.

Pursuant to OHRP guidelines, the IRB approval period may be held constant from year to year throughout the life of each project. When continuing review occurs annually and the IRB performs continuing review within 30 days before the IRB approval period expires, the IRB may retain the anniversary date as the date by which the continuing review must occur. However, if an investigator has failed to provide continuing review information to the IRB or the IRB has not reviewed and approved a research study by the continuing review date specified by the IRB, the research must stop, unless the IRB Co-Chairs find that it is in the best interests of individual subjects to continue participating in the research interventions or interactions, and this finding is ratified at the next convened IRB meeting. However, after the expiration of IRB approval, the protocol will be considered closed and enrollment of new subjects cannot occur, nor can any data collected be used for research purposes.

C. Procedures Pertaining to Both Initial and Continuing Review

1. The IRB shall have authority to determine which studies need verification from sources other than the investigators that no material changes have occurred since previous IRB review, particularly: (i) complex projects involving unusual levels or types of risk to subjects; (ii) projects conducted by investigators who previously have failed to comply with the requirements of the HHS regulations or the requirements or determinations of the IRB; and (iii) projects where concern about possible material changes occurring without IRB approval have been raised based upon information provided in continuing review reports or from other sources.



2. PIs shall be informed at the time of protocol approval (both initial and continuing) that changes in approved research may not be initiated without IRB review and approval except where necessary to eliminate apparent immediate hazards to subjects;

3. PIs shall be informed at the time of protocol approval (both initial and continuing) that any serious or on-going problems are to be reported promptly to the IRB.

4. Serious or continuing noncompliance by an investigator, or any suspension or termination of activities, is to be reported promptly to the college's President and Vice President of Student Services and the Vice Chancellor of Educational Programs and Institutional Effectiveness so that appropriate remedial action can be taken, including, but not limited to, appropriate reporting to the granting agency.

D. Adverse Event Reporting Guidance

1. The Office of Human Research Protections (OHRP) recognizes that any adverse event in a trial is a potentially important occurrence because it may reflect additional risks to subjects. In accordance with their requirements, these regulatory bodies have charged Institutional Review Boards with the responsibility of conducting continuing review of research. Included in this review is the monitoring of adverse reactions and unexpected events (21 CFR 56.108 and 45 CFR 46.103).

2. Principal Investigator(s) and any District employee will report to the Co-Chairs of the IRB Committee any of the following upon knowledge of such:

- a. Unanticipated problems involving risks to subjects or others; and
- b. Serious or continuing noncompliance with the federal regulations or the requirements or determinations of the IRB.

Copies of the Adverse Event Reporting Form is available on the District's IRB website (<u>http://spidev.laccd.edu/administrative/Educational-Programs/Institutional-Effectiveness/Pages/Institutional-Review-Board.aspx</u>).

XII. Information the Investigator Provide to the IRB

- A. Professional qualifications to do the research (including a description of necessary support services and facilities);
- B. Appropriate District review form that includes a protocol summary;
- C. Complete study protocol that includes/addresses:
 - 1. Title of the study and summary of the research to be conducted,



2. Purpose of the study (including the expected benefits obtained by doing the study and how risks are reasonable in relation to expected benefits),

3. Sponsor of the study,

4. Subject inclusion/exclusion criteria (including scientific and ethical reasons for excluding subjects who might otherwise benefit from the research),

5. Justification for use of any special/vulnerable subject populations (such as children [under age 18], prisoners, economically/educationally disadvantaged, or persons with mentally disabilities),

6. Study design (including, as needed, a discussion of the appropriateness of research methods),

7. Description of procedures to be performed,

8. Provisions for managing adverse reactions,

9. Circumstances surrounding consent procedure, including setting, subject autonomy concerns, language difficulties, vulnerable populations,

10. Procedures for documentation of informed consent, including any procedures for obtaining assent from minors, using legally authorized representatives (see XII.B.&C.), witnesses, translators and document storage,

11. Remuneration to subjects for their participation,

12. Any compensation for injured research subjects,

13. Provisions for protection of subject's privacy,

14. Extra costs to subjects for their participation in the study,

15. Inclusion/exclusion of women, minorities, and/or children;

D. Investigator's brochure (when one exists);

E. The case report form (when one exists);

F. The proposed informed consent document, including translated consent documents, as necessary, considering likely subject population(s) or request for waiver of the requirement to obtain informed consent;



- G. Copies of advertisements and surveys, questionnaires, or other materials provided to subjects;
- H. Copies of relevant grant applications (if any);
- I. Requests for changes in study after initiation including changes to consent forms;
- J. Reports of unexpected adverse events and unanticipated problems involving risks to subjects, including, if available, data safety monitoring reports;
- K. Progress/interim reports that include reports of protocol violations and/or deviations and any other instances of investigator non-compliance.

XIII. Principles of Informed Consent

- A. When an activity does not involve therapy, diagnosis, or management, and a professional/subject relationship exists (e.g., participation in a research project), the subject is entitled to certain information. This information includes a full and frank disclosure of all the facts, probabilities, options, and opinions which a reasonable person might be expected to consider before giving his/her consent. A copy of the signed consent form must be given to the person signing the form and a copy must be kept on file with the PI or District as indicated below.
- B. The informed consent of subjects will be obtained by methods that are adequate and appropriate. Consent must be obtained from the subjects themselves except when the subjects are not legally capable of giving informed consent because of age, mental incapacity, or inability to communicate. In the case of a minor, the IRB may accept the permission of the minor's parents (or parent) or legal guardian, along with the assent of the minor, in accordance with applicable federal regulations. In the case of other subjects not legally capable of giving informed consent, the IRB may accept the consent from a legally authorized representative ("LAR"). The LAR must be authorized either by a power of attorney or a court order.
- C. "Informed consent" means insuring that potential subjects and/or their legally authorized representatives are fully informed of all aspects of their participation in a research project so as to be able to exercise free power of choice without undue inducement or any element of force, fraud, deceit, duress, or other form of constraint or coercion. The basic elements of information necessary to such consent are found at https://www.hhs.gov/ohrp/regulations-and-policy/regulations/45-cfr-46/index.html#46.116; FAQs are available at https://www.hhs.gov/ohrp/regulations-and-policy/regulations-and-policy/regulations-and-policy/guidance/faq/informed-consent/index.html.



The IRB may approve a telephonic consent procedure under which the subject's LAR is sent a faxed or hand-carried version of the informed consent document, a consent interview is conducted by phone while the LAR has the document in hand, and the LAR signs and returns the signed document to the investigator by return fax (or courier) before the subject is enrolled in the study. In cases where this process is used, a witness who is not connected to the study (e.g., as an investigator, coordinator, etc.) should monitor the consent process.

- D. The IRB shall determine whether the consent is adequate in light of the risks to the subject and the circumstances of the research. The IRB shall also determine whether the information to be given to the subject or to qualified third parties, verbally or in writing, is a fair explanation of the procedure, its possible benefits, and its attendant hazards. Where debriefing procedures are considered as a necessary part of the research plan, the IRB will ascertain that any such debriefings will be complete and prompt. In addition, the language used should be clear and unambiguous with every attempt to eliminate technical terms and jargon (i.e., use lay language appropriate to the subject population).
- E. For research involving more than minimal risk to subjects of if determined by the IRB during the ordinary review process to involve more than minimal risk, a compensation for injury statement will be required in the consent form. This statement should clarify who is responsible for any costs associated with any medical treatments required or any personal compensation for injuries received as a result of participation in the research.
- F. Some research may not impose on the rights and welfare of human subjects so as to make informed consent a requirement. Therefore, the IRB may choose to waive the requirement to obtain a signed consent form for some or all subjects in some cases when it finds either:

1. That the only record linking the subject and the research would be the consent document and the principle risk would be potential harm resulting from a breach of confidentiality. Each subject will be asked whether the subject wants documentation linking the subject with the research, and the subject's wishes will govern; or

2. That the research presents no more than minimal risk of harm to subjects and involves no procedures for which written consent is normally required outside of the research context. In cases where the documentation requirement is waived, the IRB may require the investigator to provide subjects with a written statement regarding the research (e.g., a cover letter). Examples of such research where use of a cover letter is generally appropriate are collecting data by survey or interview.



Any waiver of documentation by the IRB must be based upon clearly defensible grounds. A request for waiver of documentation by the PI must include justifiable reasons in the protocol.

The IRB may also choose to approve a consent procedure which does not include, or which alters, some or all of the elements of informed consent, or waive the requirements to obtain informed consent provided the IRB finds and documents that:

- (1) The research involves no more than minimal risk to the subjects;
- (2) The waiver or alteration will not adversely affect the rights and welfare of the subjects;
- (3) The research could not practicably be carried out without the waiver or alteration; and
- (4) Whenever appropriate, the subjects will be provided with additional pertinent information after participation.

G. Informed consent need not be based on full pre-study information. However, it is the responsibility of the IRB to set limits on the incompleteness of such information. Further, in those studies in which it is proposed to mislead the subjects during data collection, the IRB has the responsibility of assessing the degree to which this violates the rights of the subjects, and then setting the limits for such procedures.

XIV. IRB Operations

- A. IRB meetings are scheduled every major term (Fall and Spring) and as required.
- B. The place and time of meeting, agenda, and study material to be reviewed are distributed to IRB members at least seven (7) days prior to the meeting.
- C. All proposals seeking exemption or expedited review will be reviewed by all committee members with exception of special circumstances in which the next meeting date for the Committee is not within the deadline of the project's start date. Under this exception, the one or both Co-Chairs has the authority to review all exempt and expedite reviews. For all full-board reviews, the IRB Co-Chairs assign one primary reviewer and at least one secondary reviewer for each new protocol that is submitted for full-board review, who receive the complete study documentation for review. The primary reviewer is assigned consistent with protocol content and reviewer expertise. Secondary reviewer(s) may be assigned using additional factors such as their ability to provide a valuable perspective on salient non-scientific aspects of the research. The reviewers, who are assigned based on their expertise, lead the discussion of that



protocol. Other IRB members review summary information only, but have access to complete study documentation upon request. If external reviewers are also assigned, they must be subject to the same conflict of interest policies as IRB members.

D. Voting requirements

1. Except when an expedited review procedure is used, a quorum of the IRB, duly convened through written notice, shall be a majority of voting members with varying backgrounds to promote complete and adequate review of research activities, including at least one member whose primary concerns are in nonscientific areas.

2. In order for the research to be approved, it shall receive the approval of a majority of those voting members present at the meeting. IRB meetings conducted via telephone conference call are permitted pursuant to OHRP guidelines.

3. Principal Investigators, including those who are also IRB members, may offer information and answer questions about their protocols at a convened meeting, but may not be present during voting (even if this means being unable to continue the meeting because of quorum requirements).

4. Although convened meetings of the IRB are open to the public, materials submitted for review, discussions of protocols, and individual votes are considered confidential and should not be discussed outside of the meeting context. If during an IRB meeting the Co-Chairs move the meeting to executive session then any visitors will be asked to leave the room until the executive session has ended.

E. Appeals

The PI may appeal the decision of the IRB when a protocol has been disapproved or approved subject to restrictions and mutual agreement cannot be reached as to an acceptable alternative. Upon written notification of appeal from the PI, the IRB shall name an ad hoc committee of three or more faculty and/or consultants to review the protocol a second time. The ad hoc committee members must be acceptable to both the PI and the IRB. The protocol will be reviewed in accordance with the guidelines established herein and the decision of the ad hoc committee will be referred to the IRB. The PI will be promptly notified of actions of the ad-hoc committee and final action by the IRB. Final disapproval of the IRB cannot be overridden by any institutional official.



F. Amendments

1. Amendments are categorized into minor changes and significant changes.

Minor modification/change: A proposed change in research related activities that does not significantly affect an assessment of the risks and benefits of the study and does not substantially change the specific aims or design of the study.

Significant modification/change: A proposed change in research related activities that significantly affects an assessment of the risks and benefits of the study or substantially changes the specific aims or design of the study.

Examples of **minor changes** to a research study include, but are not limited to, the following:

- Addition or deletion of study team members;
- Addition of procedures that do not significantly increase risk to subjects, considering the original purpose and study design of the approved study;
- Removal of research procedures that would thereby reduce the risk to subjects;
- Addition of non-sensitive questions to unvalidated survey or interview procedures;
- Addition of or revisions to recruitment materials or strategies;
- Administrative changes to the approved documents (e.g., correction of spelling, grammatical or typographical errors).

Examples of **significant changes** to a study may include, but are not limited to, the following:

- Addition of a new and/or separate subject population (e.g., control group, additional cohort, vulnerable population, etc.);
- Addition of research procedures that involve greater than minimal risk to subjects;
- Addition of surveys/questionnaires/interview procedures that could have adverse psychological consequences for subjects or damage their financial standing, employability, insurability, or reputation;
- Removal of follow-up visits that appear necessary for monitoring subject safety and welfare.

2. Level of Review for Amendments. Significant modifications/changes will generally be reviewed at the same level of review in which the study was first reviewed, either by the screening committee or by the full IRB. However, if an amendment by the screening committee is determined to increase the level of risk beyond minimal risk, the screening committee will refer the amendment to the full IRB.



Minor modifications/changes may be reviewed and approved using an "administrative approval" process. Administrative approval may be given by the IRB Coordinator. Such approvals are then put on the agenda of the next IRB or screening committee, as appropriate, for concurrence.

3. Sponsor Agency Modifications. Modifications can be made only to IRB approved studies. A sponsor agency may modify the research protocol before the study has received final approval from the IRB. If this occurs, it is recommended that investigators await receipt of the IRB approval letter before making changes to the research protocol.

Sponsor agency generated modifications (or addenda) require review and approval by the IRB or Screening Committee, as appropriate. The investigator should provide all sponsor documentation and summarize how the changes affect the approved protocol, recruitment, enrollment, treatment and follow-up of participants.

G. Grievances

The IRB shall be informed of all grievances (e.g., of a research subject against a PI).

I. Cooperative Activities

Cooperative activities relating to human subjects are those which involve the Los Angeles Community College District and another institution. Normally, the research must be reviewed and approved by the IRBs at both institutions before it can be initiated. However, the IRB of one institution may rely on the IRB of the other institution under the following conditions:

1. Both institutions have Federalwide Assurances (FWAs) approved by OHRP;

2. Both institutions have entered into an Authorization Agreement (or equivalent document) that stipulates the responsibilities of both parties; and

3. The appropriate section of the FWA of the deferring institution designates the IRB of the approving institution.

In the absence of these conditions, the PI must secure the approval of the IRB at each institution engaged in the research and submit documentation of such approvals to the other IRBs. The IRB Co-Chairs will verify (via the OHRP website) that the other institutions have approved FWAs.



XV. Record Requirements

A. The IRB prepares and maintains adequate documentation of IRB activities, including the following:

1. Copies of all research proposals reviewed, approved sample consent documents, and continuing reports submitted by investigators.

- 2. Detailed minutes of IRB meetings, showing:
 - a. Members present (any consultants/ guests/others shown separately),
 - b. Results of discussions on debated issues and record of IRB decisions, and
 - c. Record of voting (showing votes for, votes against, and abstentions).

3. Records of continuing review activities, updated consent documents and summaries of on-going project activities. Consent documents are stamped to show IRB approval and date of approval expiration.

4. Copies of all correspondence between IRB and the investigators.

5. Any statements of significant new findings (unanticipated risks or adverse reactions) provided to subjects.

- 6. Adverse reactions reports and documentation that the IRB reviews such reports.
- 7. Emergency use reports.
- 8. General project information provided to subjects (e.g., fact sheets, brochures).

These documents and records shall be retained for at least three (3) years after completion of the research, and the records shall be accessible for inspection and copying by authorized representatives of the Department of Health and Human Services, the Food and Drug Administration, the Department of Veterans Affairs, and other federal regulatory agencies, at reasonable times and in a reasonable manner.

In addition, the IRB maintains a permanent record of the list of current IRB members, written procedures for the IRB, and self-assessments.

B. All forms submitted or retained as evidence of informed consent must be preserved by the investigator indefinitely. Should the PI leave the District, signed consent forms are to be transferred to the IRB Co-Chairs.