

Adjunct Faculty Only: 2018 LACCD Employer's  
Monthly Contribution \$355. Enrollee Subtract  
\$355 from the 2018 rate below:

Adjunct Faculty Only: 2019 LACCD Employer's  
Monthly Contribution \$384. Enrollee Subtract  
\$384 from the 2019 rate below:

## 2019 Regional Health Premiums

### Contracting Agencies - Preferred Provider Organization (PPO) Plans Only

Basic	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Basic Premium Rates - Bay Area							
Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba							
PERS Choice	\$800.27	\$1,600.54	\$2,080.70	\$866.27	\$1,732.54	\$2,252.30	8.25%
PERS Select	717.50	1,435.00	1,865.50	543.19	1,086.38	1,412.29	-24.29%
PERSCare	882.45	1,764.90	2,294.37	1,131.68	2,263.36	2,942.37	28.24%
Basic Premium Rates - Sacramento Area							
El Dorado, Placer, Sacramento, and Yolo							
PERS Choice	\$735.38	\$1,470.76	\$1,911.99	\$798.58	\$1,597.16	\$2,076.31	8.59%
PERS Select	684.90	1,369.80	1,780.74	508.68	1,017.36	1,322.57	-25.73%
PERSCare	797.61	1,595.22	2,073.79	1,027.99	2,055.98	2,672.77	28.88%
Basic Premium Rates - Los Angeles Area							
Los Angeles, San Bernardino, and Ventura							
PERS Choice	\$620.39	\$1,240.78	\$1,613.01	\$654.50	\$1,309.00	\$1,701.70	5.50%
PERS Select	573.21	1,146.42	1,490.35	420.77	841.54	1,094.00	-26.59%
PERSCare	673.73	1,347.46	1,751.70	843.78	1,687.56	2,193.83	25.24%
Basic Premium Rates - Other Southern California							
Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare							
PERS Choice	\$698.96	\$1,397.92	\$1,817.30	\$721.11	\$1,442.22	\$1,874.89	3.17%
PERS Select	654.74	1,309.48	1,702.32	462.71	925.42	1,203.05	-29.33%
PERSCare	733.50	1,467.00	1,907.10	907.29	1,814.58	2,358.95	23.69%
Basic Premium Rates - Other Northern California							
Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne							
Anthem EPO Del Norte	\$813.96	\$1,627.92	\$2,116.30	\$866.95	\$1,733.90	\$2,254.07	6.51%
PERS Choice	813.96	1,627.92	2,116.30	866.95	1,733.90	2,254.07	6.51%
PERS Select	691.78	1,383.56	1,798.63	511.34	1,022.68	1,329.48	-26.08%
PERSCare	866.93	1,733.86	2,254.02	1,085.83	2,171.66	2,823.16	25.25%
Basic Premium Rates - Out of State							
PERS Choice	\$661.45	\$1,322.90	\$1,719.77	\$630.41	\$1,260.82	\$1,639.07	-4.69%
PERSCare	718.98	1,437.96	1,869.35	813.47	1,626.94	2,115.02	13.14%

Medicare	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
Medicare Premium Rates - All Regions							
PERS Choice	\$345.97	\$691.94	\$1,037.91	\$360.41	\$720.82	\$1,081.23	4.17%
PERS Select	345.97	691.94	1,037.91	360.41	720.82	1,081.23	4.17%
PERSCare	382.30	764.60	1,146.90	394.83	789.66	1,184.49	3.28%