January 27, 2022

This message is being sent to all employees regarding recovery from a positive COVID-19 infection. A similar message will be sent to students.

The Los Angeles County Department of Public Health (LACDPH) this week directly confirmed to the District's Emergency Operations Center the following:

- Regardless of your vaccination status, if you test positive, you must isolate for up to 10 days AND follow the LACDPH isolation instructions
- You are allowed to end isolation early, between Day 5 to Day 10, depending on your own personal circumstances AND if you test negative using an antigen test (the quick-result, self-test kit)
- If you do not end isolation early before Day 10, you are NOT required to take any test following your isolation as long as you are symptom free
- Regardless of your vaccination status, you are NOT required to test for the next 90 days from the day you leave isolation, UNLESS you develop new symptoms. Use only the antigen test during this 90-day period.

After 90 days, you return to the District's established testing protocols.

Free antigen test kits are available from the federal government using this online order form.

If you need additional help or have questions, LACDPH has a toll-free info hotline at: **1-833-540-0473**