



Emergency Preparedness

TOP TEN REMINDERS FOR EMERGENCY PREPAREDNESS!

We all need to take personal responsibility for emergency preparedness. Your safety, and that of your immediate family, including pets, are key to your survival and well-being. Remember, it's not a matter of "if" but only "when" the next major earthquake, fire or human-caused emergency will occur. The following "Top Ten" steps can help you be prepared.

1. Have a plan, and supplies, for your home, car and work. It is possible that you will be on your own for 72 hours, or more, before emergency first-responders can help.
2. Your plan should include what everybody in your household does at home, work, school, or in the car. Designate a key out-of-state number of friend or relative to call for family check-in and also determine what your household plan is for reunification and recovery.
3. Home and car supplies should include food, water, medicine & first-aid kit, gloves, flashlights, radio, batteries, a small amount of cash & change, can opener and copies of key documents. Consider adding to your supplies anything else you might need, such as rope, tools, tents, extra clothes, diapers, etc.
4. Don't forget about your pets! Have food, water, leash, ID and pet carrier for all animals.
5. Learn basic first aid to render assistance if necessary for yourself and to others.
6. Learn how to safely turn off gas and electric service at home.
7. Talk to your immediate supervisor at work about emergency preparedness in the office. Consider organizing, and/or participating in, plans with co-workers to have shared resources for the workplace.
8. Regularly participate in all safety drills and other emergency preparedness events at work and in your community. Consider signing up for CERT Training (Community Emergency Response Team Training) where you live.
9. Always be aware of your surroundings. Sign up for alerts to your phone or email from local emergency officials, police and fire departments. Know what local news stations on the radio you can listen to for emergency information.
10. Practice and train! Keep supplies fresh and be prepared to take action as needed.

More information is online at:

<https://www.ready.gov/>

<https://www.lacounty.gov/emergency/>

<http://www.lacounty.gov/emergency/emergency-survival-guide/>

<https://emergency.lacity.org/>

<https://www.redcross.org/take-a-class>