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RALPHS NO-COST DRIVE-THRU FLU SHOT CLINIC SEPTEMBER 12 AND 19

Grocer expands Flu Shot Program to help combat the challenges of COVID-19 and provide greater access to flu vaccines

LOS ANGELES – September 9, 2020 – Ralphs Grocery, supported by Kroger Health, the healthcare division of The Kroger Co., today announced a comprehensive flu shot program, designed to help local customers get their recommended vaccines amidst the COVID-19 pandemic. The program includes touchless in-store appointments and drive-thru vaccinations at community Flu Shot Centers. All flu shot appointments can be [booked online](#).

Ralphs' drive-thru flu shot clinic will take place at the Los Angeles Southwest Community College by appointment and will be administered by a Ralphs Pharmacist.

Drive-Thru Flu Shot Site Information:

Dates: Saturday, September 12 and Saturday, September 19
Time: 9:00 a.m. to 3:00 p.m.
Location: Los Angeles Southwest Community College (General Parking P3)
1600 W. Imperial Hwy.
Los Angeles, CA 90047

“With so many health facilities already overburdened due to the COVID-19 pandemic, it is more important than ever for all Americans to get a flu shot,” said Linh Lee, Pharm.D. for Ralphs. “At our COVID-19 drive-thru test sites, we were able to assist hundreds of people in getting a test in a short amount of time. By using that model to provide flu shots, we hope to provide more customers with a safe, convenient option to get vaccinated.”

[The Centers for Disease Control & Prevention](#) (CDC) estimates that during an average flu season, 8% of the U.S. population gets sick from the flu, with an average of 500,000 flu-related hospitalizations. Since March, [more than 370,000 Americans](#) have already been hospitalized as a result of COVID-19, marking the potential for a significant burden on the already taxed healthcare system. In addition, according to symptom lists published by the CDC and the World Health Organization (WHO), symptoms of COVID-19 and the flu are similar, which may create the potential for confusion, anxiety, and loss of productivity as schools and businesses work through their COVID-19 plans and protocols.

“It will be very difficult for people to determine the difference between flu symptoms and COVID-19,” continued Dr. Lee. “That’s why it’s so important for Americans to get a flu shot this year. It not only has been proven to help protect against the flu, but may also help reduce misidentification as COVID-19.”

To receive a flu shot, customers and associates can make an appointment [online](#). They can also complete their pre-visit paperwork online to reduce contact and promote physical

distancing, and many insurance companies cover the flu shot with no co-pay. For additional details on flu vaccinations or other services provided by Ralphs Pharmacists, please visit a local Ralphs Pharmacy or call 1-888-437-3496 to find your nearest Ralphs Pharmacy.

Media Assets: To download flu shot photography and B-Roll, visit [here](#).

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About Ralphs

At Ralphs, a company of The Kroger Co. (NYSE: KR), we are Fresh for Everyone™ and dedicated to our Purpose: To Feed the Human Spirit®. We are 22,000 associates in 188 stores who serve customers daily through a seamless shopping experience throughout Southern California and the Central Coast. We are committed to creating #ZeroHungerZeroWaste communities by 2025. To learn more about us, visit our [newsroom](#) and investor relations [site](#).

About Kroger Health:

Kroger Health, the healthcare division of The Kroger Co., is one of America's leading retail healthcare organizations, with over 2,200 pharmacies and 220 clinics (called The Little Clinic) in 35 states serving more than 14 million customers. Our team of 22,000 healthcare practitioners - from pharmacists and nurse practitioners, to dietitians and technicians – are committed to helping people live healthier lives. We believe in practicing at the top of our licenses and enabling "food as medicine" to help prevent and manage chronic disease. We are dedicated to providing testing and wellness services to help Americans combat the COVID-19 crisis. Learn more at www.krogerhealth.com.