

## **ANNOUNCING A NEW EAP PARTNERSHIP FOR LACCD EMPLOYEES, RETIREES, AND HOUSEHOLD MEMBERS**

The Los Angeles Community College District has formed a new partnership with **Integrated Insights**, a behavioral health firm that began providing **Employee Assistance Program** (EAP) services to its employees, retirees and their household members effective March 1, 2003. Integrated Insights is an EAP provider that has considerable experience serving several postsecondary education clients, including the San Diego Community College District.

The **Joint Labor Management Benefits Committee (JLMBC)** was instrumental in seeking a competitive RFP leading to the selection of the new EAP company. Integrated Insights is expected to offer value-added services and benefits. Effective March 1, 2003, any employee, retiree, or any household members may call the company's toll-free number for assistance: **(800) 342-8111**.

The roll-out of the program will include executive briefings for the JLMBC and union leaders as well as college and district senior staff and management teams.

Why is an EAP important to the District and its employees? In the last decade, many health plans have made it more difficult for employees to access mental health counseling under managed care policies. With an active EAP program, eligible members can gain rapid access to counseling services that might otherwise be beyond their immediate reach. In addition, the **Work/Life component** offers a range of services for connecting benefited members to community resources such as child care, elder care, wellness, stress management, financial planning, and legal referrals (includes a free half-hour legal consultation and discounted fees).

The Integrated Insights web site at [www.iinsights.com](http://www.iinsights.com) offers a wealth of self-help information on health and wellness topics as well as work/life issues. Simply go to the web site and enter "LACCD" when prompted for a company name.

Finally, watch for campus "brown bag" lunches covering a variety of health and wellness topics being organized at your location by the college's EAP Coordinator. If there is a topic you would like to see developed, contact the campus coordinator and ask about Integrated Insight's customized training program.

Today many employees are feeling the stress associated with work and home life, including anxiety associated with budget cuts, war, and homeland security. When life's problems begin to impact your productivity or the productivity of employees you supervise, or with whom you work, don't forget the valuable resource represented by this vital employee benefit.

Core EAP Services
Face-to-face Counseling (5-Session Program)
24-hour, 365 Day-Per-Year- Crisis Hotline
Unlimited Access to Telephone Counseling Services
Manager/Supervisor Training Programs
Insights Online Service
Prescreened Child Care/Elder Care Referrals
Financial Planning
Legal Referral

LACCD

Health Insurance Section