

CalPERS 2010 Health Premiums - Regional *Contracting Agencies Only*

Basic Premium Rates	2009			2010			Percent Change (+/-)
	Single	2-Party	Family	Single	2-Party	Family	

Basic Premium Rates - Bay Area Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, Yolo, Yuba

Blue Shield Access+	\$560.57	\$1,121.14	\$1,457.48	\$577.33	\$1,154.66	\$1,501.06	2.99%
Blue Shield NetValue	495.50	991.00	1,288.30	500.35	1,000.70	1,300.91	0.98%
Kaiser CA	508.30	1,016.60	1,321.58	532.56	1,065.12	1,384.66	4.77%
PERS Choice	482.48	964.96	1,254.45	508.74	1,017.48	1,322.72	5.44%
PERS Select	453.16	906.32	1,178.22	474.93	949.86	1,234.82	4.80%
PERSCare	749.83	1,499.66	1,949.56	868.17	1,736.34	2,257.24	15.78%

Basic Premium Rates - Sacramento El Dorado, Placer, Sacramento

Blue Shield Access+	\$560.57	\$1,121.14	\$1,457.48	\$519.57	\$1,039.14	\$1,350.88	-7.31%
Blue Shield NetValue	495.50	991.00	1,288.30	473.48	946.96	1,231.05	-4.44%
Kaiser CA	508.30	1,016.60	1,321.58	502.56	1,005.12	1,306.66	-1.13%
PERS Choice	482.48	964.96	1,254.45	458.36	916.72	1,191.74	-5.00%
PERS Select	453.16	906.32	1,178.22	427.90	855.80	1,112.54	-5.57%
PERSCare	749.83	1,499.66	1,949.56	782.19	1,564.38	2,033.69	4.32%

Basic Premium Rates - Los Angeles Area Los Angeles, San Bernardino, Ventura

Blue Shield Access+	\$412.35	\$824.70	\$1,072.11	\$424.69	\$849.38	\$1,104.19	2.99%
Blue Shield NetValue	364.49	728.98	947.67	368.06	736.12	956.96	0.98%
Kaiser CA	388.02	776.04	1,008.85	413.17	826.34	1,074.24	6.48%
PERS Choice	449.04	898.08	1,167.50	452.41	904.82	1,176.27	0.75%
PERS Select	421.75	843.50	1,096.55	422.35	844.70	1,098.11	0.14%
PERSCare	697.87	1,395.74	1,814.46	772.05	1,544.10	2,007.33	10.63%

Basic Premium Rates - Other Southern California Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare

Blue Shield Access+	\$471.18	\$942.36	\$1,225.07	\$485.29	\$970.58	\$1,261.75	2.99%
Blue Shield NetValue	416.49	832.98	1,082.87	420.59	841.18	1,093.53	0.98%
Kaiser CA	425.11	850.22	1,105.29	454.99	909.98	1,182.97	7.03%
PERS Choice	458.59	917.18	1,192.33	472.83	945.66	1,229.36	3.11%
PERS Select	430.72	861.44	1,119.87	441.41	882.82	1,147.67	2.48%
PERSCare	712.71	1,425.42	1,853.05	806.89	1,613.78	2,097.91	13.21%

Basic Premium Rates - Other Northern California Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, Tuolumne

Blue Shield Access+	\$569.01	\$1,138.02	\$1,479.43	\$586.02	\$1,172.04	\$1,523.65	2.99%
Kaiser CA	519.62	1,039.24	1,351.01	539.49	1,078.98	1,402.67	3.82%
PERS Choice	501.59	1,003.18	1,304.13	492.41	984.82	1,280.27	-1.83%
PERS Select	471.10	942.20	1,224.86	459.69	919.38	1,195.19	-2.42%
PERSCare	779.53	1,559.06	2,026.78	840.31	1,680.62	2,184.81	7.80%

Basic Premium Rates - Out-of-State

Kaiser/Out of State	\$660.32	\$1,320.64	\$1,716.83	\$724.69	\$1,449.38	\$1,884.19	9.75%
PERS Choice	525.47	1,050.94	1,366.22	579.58	1,159.16	1,506.91	10.30%
PERSCare	816.65	1,633.30	2,123.29	989.07	1,978.14	2,571.58	21.11%

Basic Premium Rates - PORAC - All Regions

PORAC	\$484.00	\$906.00	\$1,151.00	\$484.00	\$906.00	\$1,151.00	0.00%
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CalPERS 2010 Health Premiums - Regional cont... *Contracting Agencies Only*

Medicare	2009			2010			Percent Change (+/-)
	Single	2-Party	Family	Single	2-Party	Family	

Medicare Premium Rates - All Regions

Blue Shield Access+	\$341.44	\$682.88	\$1,024.32	\$299.53	\$599.06	\$898.59	-12.27%
Blue Shield NetValue	304.66	609.32	913.98	299.53	599.06	898.59	-1.68%
Kaiser CA	280.16	560.32	840.48	298.36	596.72	895.08	6.50%
Kaiser/Out of State	318.84	637.68	956.52	319.34	638.68	958.02	0.16%
PERS Choice	349.11	698.22	1,047.33	356.09	712.18	1,068.27	2.00%
PERS Select	349.11	698.22	1,047.33	356.09	712.18	1,068.27	2.00%
PERSCare	404.60	809.20	1,213.80	410.60	821.20	1,231.80	1.48%
PORAC	330.00	657.00	1,052.00	363.00	723.00	1,157.00	10.03%